

Ruby's Journey

Ruby is a young woman who has a diagnosis of Autism displaying some Pathological Demand Avoidance (PDA) traits. Ruby had not attended any educational setting for a sustained period of time.



Navigators to the rescue



June 2021

Ruby was referred to Navigators after two other specialist settings could not meet her need. She had not attended any educational setting for three years.



September 2021

Ruby would not leave the home and would cover her head and torso in a blanket for the first 15 sessions. By the 15th session, Ruby spoke to her mentor with one-word answers.



November 2021

Ruby became unwell resulting in sessions being back in the home. Ruby's mentor took arts and crafts to the home to re-engage her.



October 2021

By session 20 Ruby left her home with her mentor and her mum to attend a local cafe.



February 2022

After many sessions Ruby was able to have sessions with only her mentor - she developed business ideas and learned maths and English through her interests.



March 2022

Ruby's health was becoming more complex. She was exceptionally anxious about hospital - she worked with her mentor to overcome this.



June 2022

With the support of her mentor after her operation, Ruby was able to sit her maths and English GCSE exams.



April 2022

Ruby faced another setback and had to be admitted for a procedure in hospital.



July 2022

Before completing the academic year Ruby's attendance was an amazing 68%. She even applied for a job in a high street shop!



September 2022

Success!! Ruby achieves her aspiration of attending Bury College for a foundation course in Hair and Beauty.